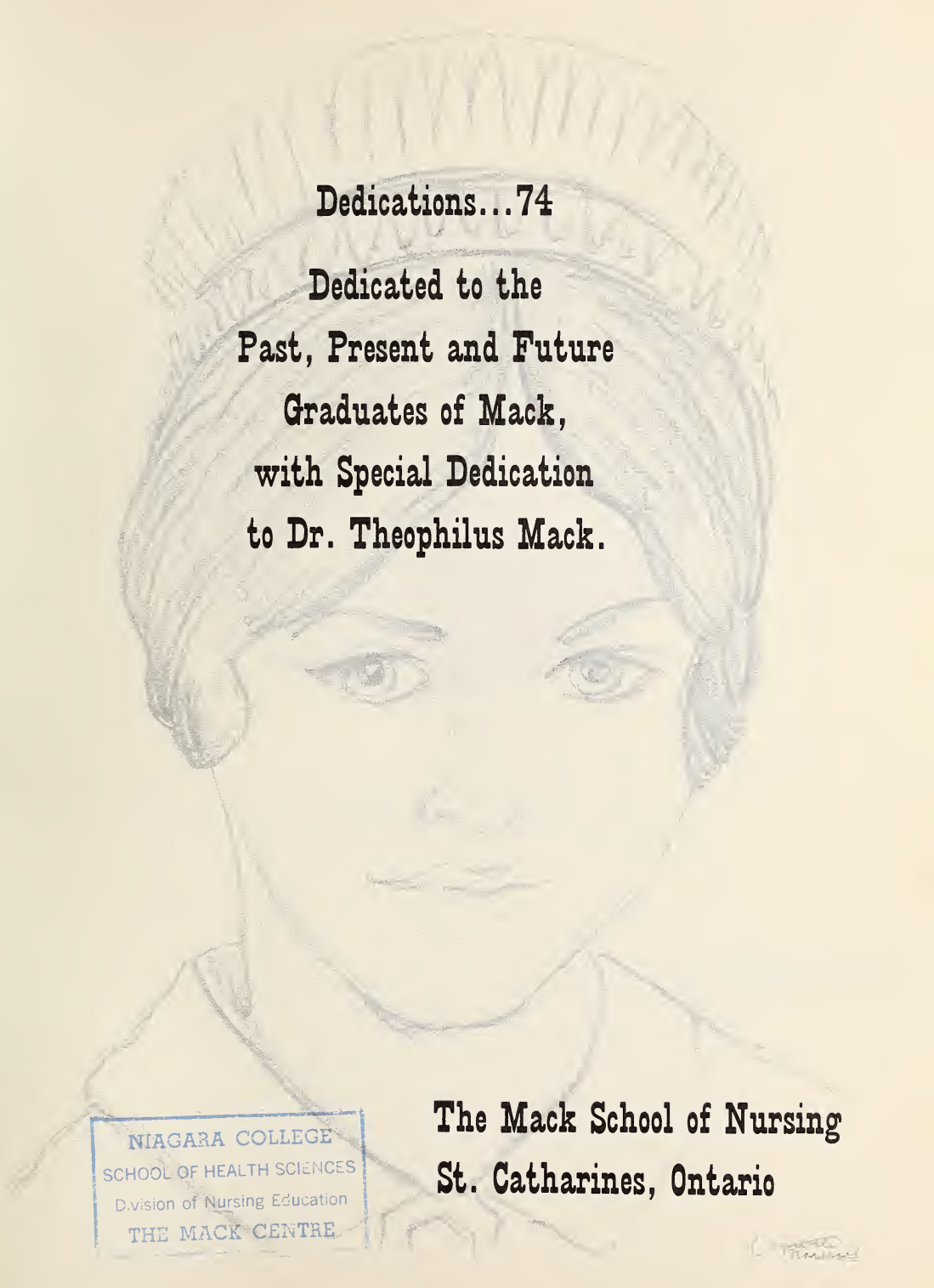
1974

THE MACK SCHOOL OF NURSING

DEDICATIONS

THE MACK SCHOOL OF NURSING



Dedications...74

Dedicated to the
Past, Present and Future
Graduates of Mack,
with Special Dedication
to Dr. Theophilus Mack.

The Mack School of Nursing
St. Catharines, Ontario

NIAGARA COLLEGE
SCHOOL OF HEALTH SCIENCES
Division of Nursing Education
THE MACK CENTRE

It was through the energy and foresight of Dr. Theophilus Mack that the oldest school in Canada, under The Nightingale System, was established.

We gratefully dedicate this book in memory of Dr. Theophilus Mack (1820 - 1881).

The Mack School

Video

et Taceo

I See.....

...and am Silent.

The Chairman

This year 1974 is a very special one. For you, the graduating class of 1974, it means the beginning of your life as professional nurses, and for those of us who have been associated with The Mack Schools of Nursing, it marks the end of one phase of nursing education and the beginning of another.

Any of us who have had a close association with "Mack" can be justifiably proud of our heritage, of the education that we received, and of the traditions of which we were a part.

Each of you has played a part in its history and in its development which began with Dr. Mack a century ago.

Although you will be the final class to graduate from The Mack School of Nursing, the name of "Mack" will live on through it new designation--The Mack Centre of Nursing Education.

In the quieter moments of the years ahead you will leaf through the "Dedications". If it is for you as it has been for so many of us who preceded you, they will be pleasant moments recalling a part of your life which you will keep in your fondest memories.

On behalf of the faculty and myself we wish you the joy of service to others and success and happiness in the future.

Lois A. Millar

Lois A. Millar
Chairman

Teaching Days

Chairman Days

Busy
Busy
Busy

The nursing staff of the St. Catharines General Hospital extend sincere congratulations and good wishes to the 1974 graduates of the Mack School of Nursing.

This year we are celebrating the centennial of the school and you have chosen for your yearbook the theme "Dedications".

As you begin the practice of your profession I would like to leave with you the following quotation.

"Where you are is of no moment but only what you are doing there. It is not the place that enables you but you the place; and this only by doing that which is great and noble".

Petrarch.

Lillian R. Flight

(Mrs.) L. R. Flight,
Director of Nursing Service.

"God has given us a memory that we might have roses in December" James Barrie once wrote.

Our memory keeps alive the good and true things we experience in June, that is in the beautified times of our lives. It recalls these cheering experiences to give us strength in the dark and difficult December of our lives.

This year your school celebrates its one-hundredth anniversary and many memories are brought to life again as former graduates recall the joys of their graduation day.

It is my wish for you that the memory of your graduation will be the sustaining force to help you meet the challenges of the future with much joy, hope, courage and peace.

May I, on behalf of the Sisters and staff of Hotel Dieu Hospital, congratulate you on being the 100th class to graduate from the Mack School of Nursing and wish you many happy memories as you celebrate the achievement of your long awaited goal--your own graduation day.

Marjorie Hemphill

Marjorie Hemphill

This is a time of change. You are living through an era in the human scene that challenges established ideas and institutions. In the presence of these challenges and changes it is easy to lose sight of the basic values of the nursing profession.

This year of 1974, marks your school's "Centennial Year", many years of dedicated service to a grateful public.

For two brief years you have had many experiences. You have found friends with whom you laughed, studied, cried and rejoiced. Now you must leave many of these friends and go forth to use your knowledge and skills to serve others. In doing this you will grow and be enriched in life.

With your rejoicing is a tinge of sadness--the ending of an era, "The Mack School of Nursing". Remember always with pride the values and opportunities given to you by "Mack". Set goals for yourself, then strive for new ones.

May life's challenge never leave you. My warmest wishes to each one of you.

Rita M. Grobb, R.N.
Director of Nursing,
The Shaver Hospital for Chest Diseases

The Nursing Staff of the Welland County General Hospital join me in extending to you sincerest congratulations on your graduation from the Mack Centre Nursing Program 1972-74.

These two years of your nursing program are particularly important in that they have been marked by historically significant events both for yourselves and for your school of nursing.

Firstly, in September 1973, you have witnessed the transfer of your nursing program to the Niagara College of Applied Arts and Technology. Thus, student nurses have now become colleagues with students of other educational programs which will be a definite asset to your basic education.

We are also sharing with you in the fact that 1974 is the Centennial year of the Mack School of Nursing. Therefore you can be proud that you have been part of a great school which was a first in North America and whose program of nursing education has been second to none in this continent.

May you continually develop your abilities and learn new skills as you progress in the practice of your nursing career.

Yours sincerely,

Miss Agnes Fleury,
Director of Nursing.

"Dear Graduate, before you lies the path of life, as yet unknown
Whether neath dark or smiling skies,
No matter, you walk not alone,
For one awaits who knows the way,
Whose feet all paths of earth have trod,
Stay close to Him from day to day
For they are safe who walk with God."

We, the staff of Port Colborne General Hospital send our most sincere congratulations to the class of 1974.

Yours very truly,

Florence Gallinger

(Mrs.) Florence Gallinger,
Director of Nursing.

This year, 1974, is an important year to all of us. It marks the 100th anniversary of the establishment of a nursing education programme in association with the St. Catharines General. It is the year in which you graduate from the Mack School of Nursing.

There is no question that, through its one hundred years, The Mack School (by whatever name, because it hasn't always been Mack) has expanded, changed, improved and kept pace with developments in nursing education. The school has brought to graduation hundreds of young people with the skills to participate in various ways in the provision of health care to our people and educate others to do so. You have now reached the stage where you can make your contribution.

It is pleasant to look back, reminisce and review what has happened in the past, perhaps in retrospect making it seem better than it really was but unable, in any material way, to alter it. How much more interesting and challenging it is to look forward to the future. By continued study, growth and application, you can make the future what you want it to be.

On behalf of the staff of The St. Catharines General Hospital, I extend warm and sincere congratulations to the members of the Class of '74 on your attainment of graduation and also best wishes for your future.

E. C. Robinson,
Executive Director

1973 was the year in which nursing education moved from a hospital setting to that of education. The Niagara College of Applied Arts and Technology became responsible for the Mack School of Nursing on September 1, 1973.

The transition was accomplished in a very short period of time and with very few problems. All of us had concerns and questions as we dealt with the numerous details of the transfer. The College had to learn a great deal about nursing education. What were its objectives, traditions, unique features? Nursing students and teaching staff wondered what the change would mean in terms of program, procedures, identity.

Not all questions have been answered yet. But we have found that we have much in common. The philosophy of providing a sound theoretical base, coupled with extensive practical training, is shared by nursing and other College programs. Because of this philosophy, the association of the Mack School of Nursing with the Niagara College of Applied Arts and Technology should prove advantageous in maintaining the standards, traditions and identity of nursing education.

1974 is the Mack Centennial Year. It is an appropriate occasion to note the outstanding contribution of the Mack School of Nursing since its inception. Your preparation for a worthwhile career in nursing is the result of much work on the part of the faculty in developing, improving and perfecting your program of instruction. For you to have measured up to the high standards of the Mack School of Nursing should be a matter of justified pride.

To all of you I extend my very best wishes for peace and success.

A.S. Manera,
President.

I wish to extend a warm welcome to the students and staff of the Mack School of Nursing, which in September, 1973, officially became a part of Niagara College, and a Division of the School of Applied Arts and Health Sciences. It is with considerable pride that we begin this alliance at a time when the Mack School is preparing to celebrate its 100th Anniversary. Our aim is to see this union grow to benefit nursing education in this province.

During its long span of operation, Mack has become one of most respected Schools of Nursing in Canada. What has made the School a great one, is the dedication of the people who have been a part of it, and particularly, the excellent quality of its graduates.

I am certain that the graduates of the centennial year will similarly distinguish themselves in the service of their fellowmen as have past graduates of this institution.

As graduates of the Class of '74 embark on their careers in nursing, may I extend to them my wishes for success and satisfaction in this noble calling.

I. J. Giancarlo, Dean
School of Applied Arts and Health Sciences

I would like to thank all those who have participated in putting Dedications... together. Without the people who took pictures, typed, banked, sold mints and nuts, and sold ads, Dedications... would not be.

The Alumni is also to be commended for their support, faith and interest in the school. It is through their work that we experience what the traditions of Mack have meant and will mean.

I would also like to thank Miss L. Willms and Miss A. Workman for their faith and advice which they gave in desperate times.

Special thanks go to Patti Paolozzi, assistant editor, and Mr. Del Goranson, ICP Representative, who were always there to lend a helping hand.

May I wish my heartiest congratulations to the Graduating Class of '74, and my sincerest best wishes to the first graduating class from The Mack Centre of Nursing Education..... Class of '75.

As you leaf through the pages of Dedications...,enjoy...and remember... for Dedications...is you.

Sincerely,

Mary M. Magee

Mary M. Magee

M. Finlayson

Health Director

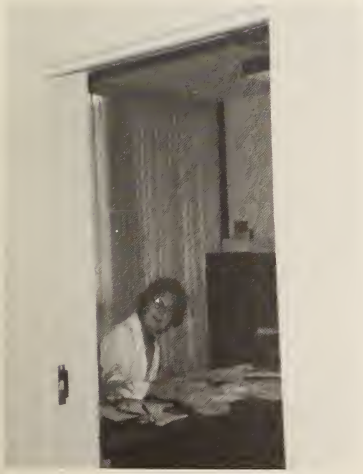
N. Rolls

Librarian

Mrs. H. Evanochko

Miss S. Campbell

Miss S. McCready



Mrs. E. Hodgson

Mrs. C. Speirs

Mr. G. Kourtelessis

Mrs. E. Yorkston

Mr. R. Morgan

Mr. A. Hoare

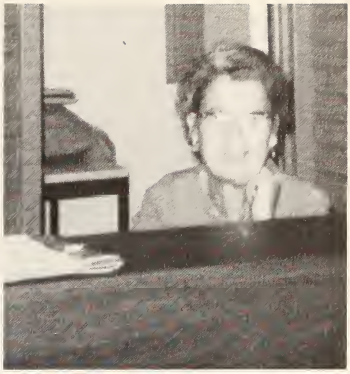
Mr. T. Carbonara

Mrs. L. Patrick

Mrs. L. Penny

Mrs. M. Stoppard

Mrs. M. Hemphill

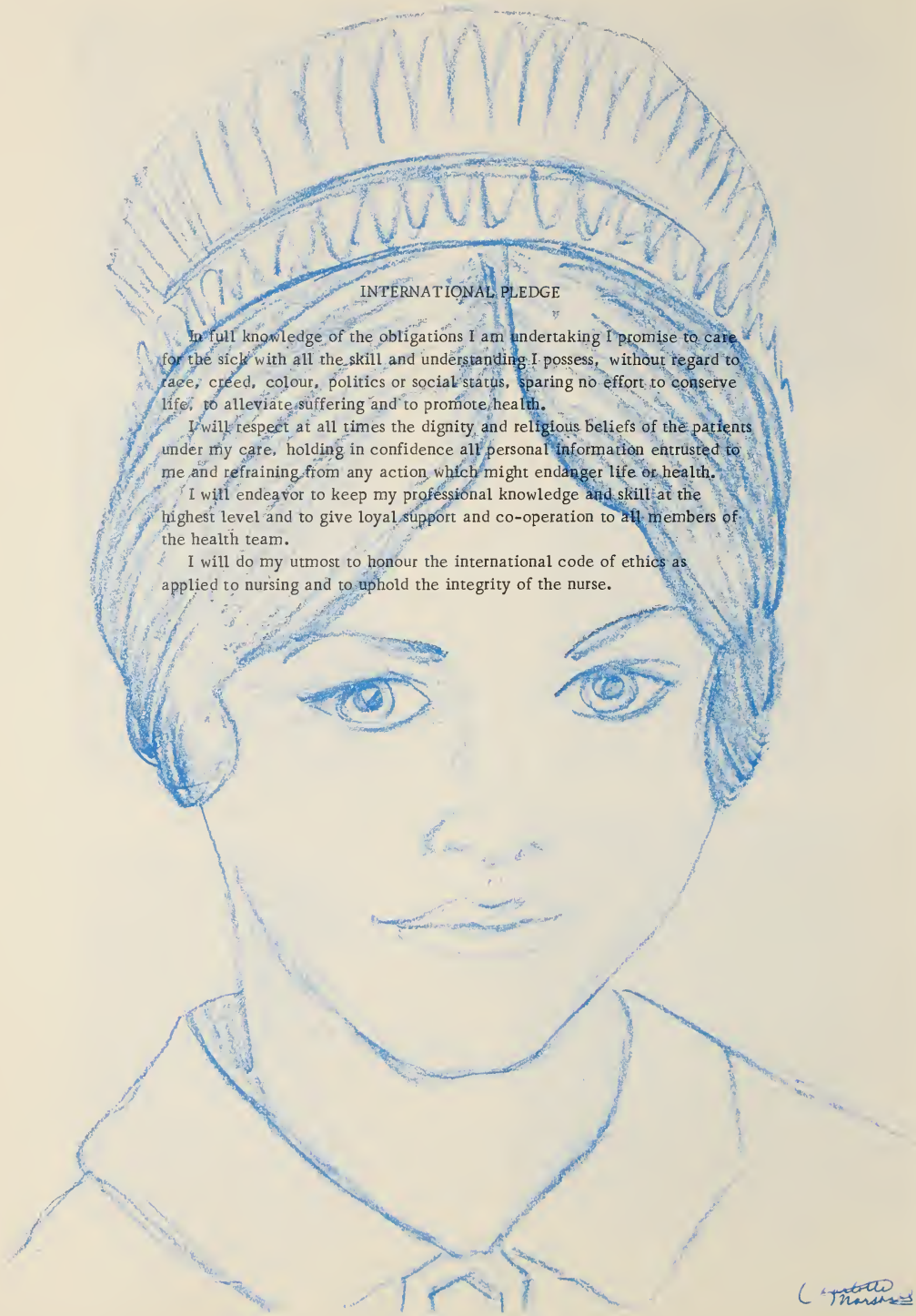


Mrs. D. Flumerfelt

Mrs. S. MacKenzie

Mrs. S. Stuppiello

Mrs. R. Ross



INTERNATIONAL PLEDGE

In full knowledge of the obligations I am undertaking I promise to care for the sick with all the skill and understanding I possess, without regard to race, creed, colour, politics or social status, sparing no effort to conserve life, to alleviate suffering and to promote health.

I will respect at all times the dignity and religious beliefs of the patients under my care, holding in confidence all personal information entrusted to me and refraining from any action which might endanger life or health.

I will endeavor to keep my professional knowledge and skill at the highest level and to give loyal support and co-operation to all members of the health team.

I will do my utmost to honour the international code of ethics as applied to nursing and to uphold the integrity of the nurse.

MARY ROSS · ANNIE CARLINE · HANNAH DALBY · EMMA LINCKE · MARY SCOTT · Mrs. FLORENCE WILTON

Dr. F. S. GREENWOOD Dr. THEOPHILUS MACK

· 1878 ·

Training School and Nurses' Home.

GENERAL AND MARINE HOSPITAL,

St. Catharines, - - - Ontario.

This Certifies that Annie Carline [illegible] for the [illegible] of a [illegible] for private [illegible]

This testimonial is granted to Nurse Annie Carline in evidence of her [illegible] the prosecution of her studies and her [illegible] character.

Theoph. Mack Manager.

[illegible] Secretary.

Lady Patroness.

Date, [illegible] 1879

VIDEO ET TACEO

ESTABLISHED 1874

History is essentially the story of continous exploration, discovery and subsequent social change. In this, the year of our Centennial at Mack, the pace of change has been rapid and forceful in its effect on the nature of nursing education. One certainty in our unpredictable world is that the pace of change will accelerate. It will remain, however, an exciting and challenging world in which disappointments and successes will continue to prepare you for future achievements.

For two years, we have shared in the educational process. If we have successfully imparted knowledge and have helped you to think clearly, logically and objectively; to avoid dogmatism and preserve healthy skepticism; and to tackle questions for which there are no "pat" answers; then we have shared well. If each of you has internalized a desire for excellence in your individual approach to life's problems, together with a sincere sense of obligation to your fellowman, you have discharged some of the major responsibilities in life.

During your initial years in nursing, looking ahead will help to ease the pangs of impatience, as you observe conditions around you that are desirable, missing or wrong. During the growth phase, keep up your knowledge in order to suggest changes, rise above routine, and assist in the future development of nursing. Ask for room to grow, while reinforcing your intention to strengthen loyalty to the principles and institutions that have provided nursing's framework and code.

In this Centennial year. Canadian nurses cannot be satisfied with a hedged-in view of the future, when with awareness, intellectual effort, and work, horizons can be broadened. Advances are wrought by the watchful rather than the impulsive person, and by those who are stubborn in their refusal to accept early defeat. Young graduates like yourselves, are capable and ready to take up the challenge of pioneering new things. Every one of you has the choice of varied roads on which to gather nursing's historical perspectives and to foster dynamic inroads for nursing's continuing major ventures in the 20th century.

The time is ripe for the "Renaissance" in which respect for the goodness bequeathed to us by nursing's pioneers blends into the development of new things that are better suited to a changing environment and life style. The opportunities remain great; the challenge remains greater.

We are proud of you and your accomplishments. Our warmest congratulations to each of you.

Affectionately,

Mary Sirotnik

(Mrs.) Mary Sirotnik
and Teachers of Year II

Graduates of '74

The Mack School of Nursing

St. Catharines

Ontario

This Certifies That

has completed the requirements of The Mack School of Nursing in the Theory and Practice of Nursing, as prescribed by its Faculty and approved by the College of Nurses of Ontario, and is hereby granted this

Diploma

In Witness Whereof the undersigned have offered their signatures this _____

day of _____ *19* ____

_____ _____

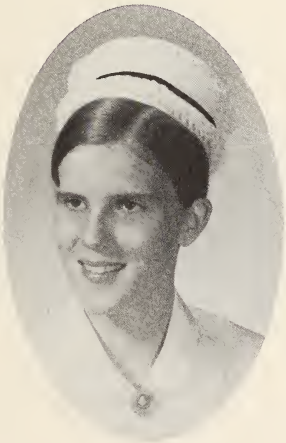
CHAIRMAN PRINCIPAL

ENGRAVED IN U. S. A.

Patricia Adamyk

Jane Allen

Jill Allen



Nancy Andrews

Linda Andrusyk

Ginette Anthes

Dianne Arnold

Joanne Bagley

Shirley Barton

Jane Beaton

Max Bennie

Constance Benson

Linda Berg

Lynn Bishop

Lois Boles

Louise-Anne Bourdages

Marlene Braun

Carol Bray

Terry Lee Brown

Karen Buck

Dale Buckley

Christine Buksbaum

Susan Butler

Maureen Collinson

Susan Crompton

Debra Cormier

Susan Crysler

Eileen Curran

Joan Damarell

Elaine Davis

Cheryl Dawdy

Mary Louise Dorsch

Linda Dyck

Sandra Dyck

Judith Ely

Diann Enns

Mary Louise Enns

Eileen Ens

Janet Eyk

Edna Feeney

Juanita Fidia

Catharine Finn

Maryann Fiocca

Heather Fisher

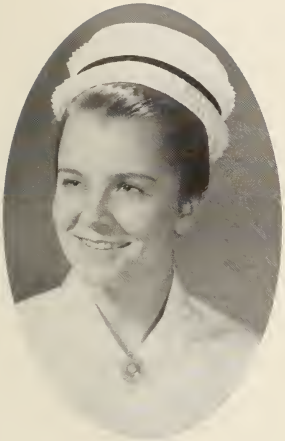
Mavourneen Foran

Donna Ford

Marieke Garner

Teresa Gleason

Margaret Haapamaki



Kim Hall

Debbie Hepburn

Joan Hildebrand

Rebecca Hills

Leith Ann Hoad

Virpi Hogbacka

Deborah Howe

Cornelia Hunse

JoAnn Hutchison

Lydia Huyer

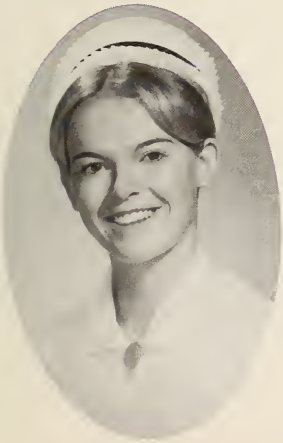
Elvira Isaac

Alvina Janzen

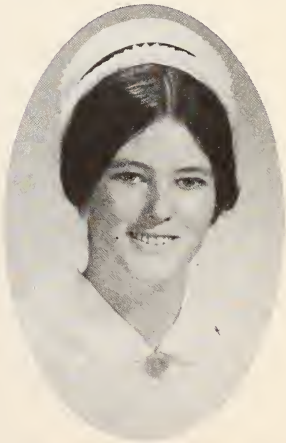
Catherine Johnson

Beverly Johnston

Veronica Kaldy



Cathryn Kennedy



Brenda Kernahan

Denise Kesselring

Rosemary Klassen

Sally Kuckyt

Diane Lackie

Theresa Lazarz

Helene Lefebvre

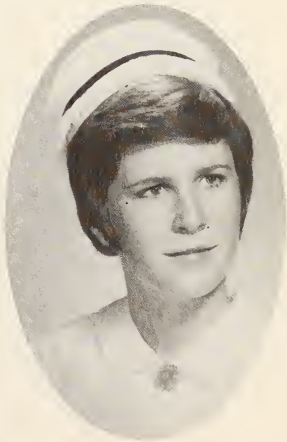
Deborah Lenson

Lorraine Lenz

Shelly Lisicky

Brenda Litz

Mary Magee



Joan Magner

Irena Majkut

Donna Mallette

Charlotte Marshall

Gertrude Martin

Madeleine Martin

Susan Martin

Rita Meissner

Joanne Miller

Beverley Mitchell

Kathryn Murphy

Diane Murray

Linda Murray

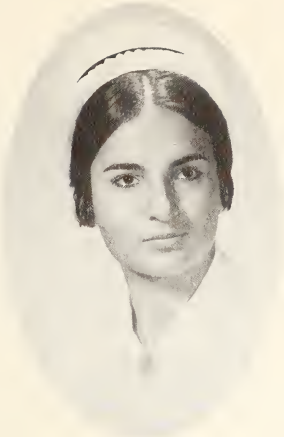
Margaret McClean

Nicole McClean

Cynthia McClure

Corleen McCullough

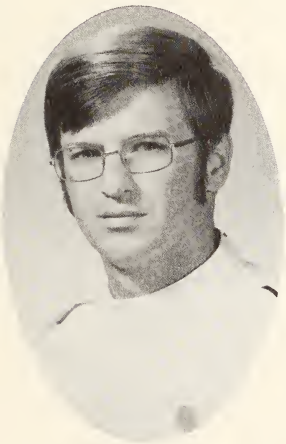
Janet McDonald



Josephine Nero

June O'Neil

Katharine Paetkau



Brian Palmer

Anna Pankratz

Patricia Paolozzi

Siegrid Pietsch

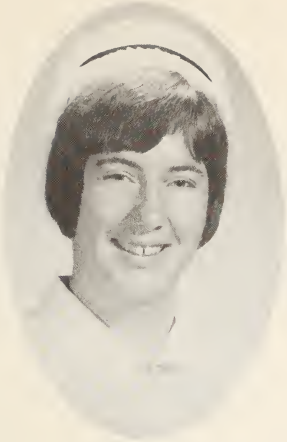
Lee Pischedda

Evelyn Poeltl

Theresa Popko

Lea Anne Priest

Rini Radsma



Linda Rasmussen

Elizabeth Rioux

Deborah Rudge

Margaret Rudy

Rosemary St. Amand

Annemarie Sawatsky

Mary Ann Scheider

Linda Shatkosky

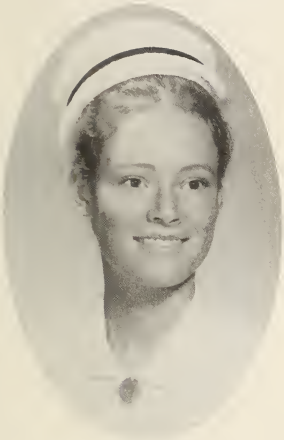
Betty-Lou Sider

Colleen Sneath

Wanda Sobolak

Linda Soyer

Dorothy Stewart



Yolanda Stoop

Sandra Strutz

Kirsti Suominen

Patricia Svob

Linda Sweeney

Shelley Todd

Sophie Szymanska

Bonnie Tomkow

Catalina Tsang

Ellen Van Rooyen

Anita Vehlow

Marilyn Vernon

Sally Wesolowski

Noreen Wheeler

Susan White

Edith Whiteside

Diane Wilson

Donna Witty

William Wolchuk

Anne Woodhouse

Class of '75

This year is the Centennial for nursing education at the Mack Center, and so it marks the end of an era, rich with history and tradition and the beginning of a new era.

You have reached the end of your first year of nursing, with its ups and downs, and tears and laughter, good times, bad times, sun and rain. Throughout the year you have been confronted with the need to make decisions and to evaluate the effects of these decisions. Now you are finished! Yet what are ends but new beginnings?

On behalf of the Year 1 Faculty, I would like to congratulate you on your achievements this year and wish you success and happiness as you enter your second and final year.

Remember: "the right path is the only path that leads to happiness...we have to learn to choose...In our inmost hearts we know which voice we should obey." (Patience Strong)

Linda Willms

Linda Willms
Year 1 Co-ordinator

Cynthia Allen

Heather Amos

Janette Anderson

Linden Bant

Cynthia Baronoski

Charlene Bell

Sylvia Bertuola

Janice Bozek

Gail Briggs

Susan Bythell

NO PHOTO AVAILABLE

Catherine Campbell

Carolyn Chamberlain

Terry Chandler

Nancy Ciocci

Claudia Claus

Susan Code

Beverly Collings

Anne Marie Commandeur

Anita Cotton

Margaret Cox

Janet Day

Janice Dolan

Mona Dragonette

Donna Duhaime

Joanne Duns

Mary Ellerbeck

Dorothy Dyck

Kerry Elliot

Linda Ernest

Karen Ewing

Patricia Evans

Christine Fair

Mary Lou Fitoski

Lori Francey

Beverly Francey

Helena Friesen

Mark Gadsby

Miriam Ganton

Oksana Garandza

Linda Goodale

Deborah Gorai

Ruth Hambleton

Dorothy Hanna

Lee Hannah

Emma Heikoop

Linda Heraldo

Sandra Hodkin

Pamela Hopkins

Marg Johnson

Kim Kesserling

Lilly Kondratenko

Karen Kratz

Judy Kyer

Michele Labonte

Agnes Labrie

Carole Langlotz

Susan Leyenhorst

Barbara Litz

Valerie Long

Linda Lutz

Diane Marcoux

Genevieve MacNeil

Francine Maidment

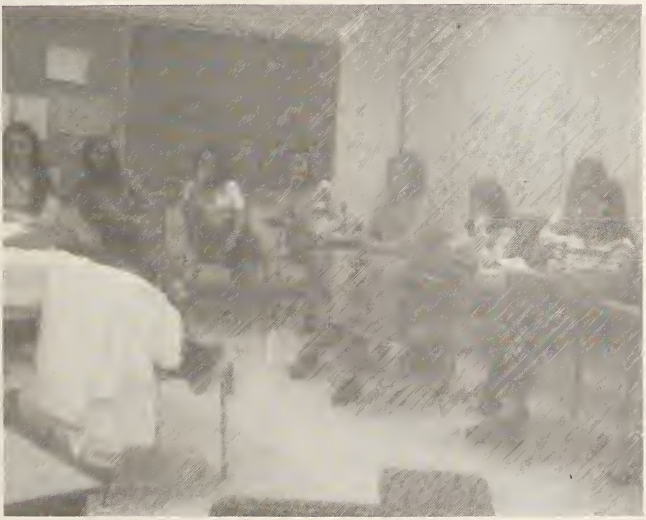
Gina Mareantonio

Wendy Margee

Mary Beth Morton

Jo-Ann McConnery

Jean McKenzie



Cathy O'Hara

Joanna Ormel

Ruth Parkin

Helen Partridge

Shirley Paul

Mary Jane Pepe

Evangeline Pestano

Janet Pimsl

Janet Pogoda

Karen Rawson

Jane Rennick

Maria Ricciuto

Norine Rix

Irene Roorda

Edward Rose

Catherine Ruediger

Cheryl Sadlak

Sandra Sawchuk

Lynn Schneider

NO PHOTO AVAILABLE

Kathy Seburn

Deborah Sheehan

Ann Shelp

Margaret Simmons

Gail Simpson

Mary Skehin

Robyne Smith

Pamela Snively

Jeanne Solski

Karen Southcote

Nancy Spero

Pacita Tauro

Christine Thomas

Heather Thomas

Cheryl Tiikanen

Claudia Tortyna

Christe Trotman

Barbara Van der Tang

Sandra Van Koughnet

Mika Vervoort

Louisa Visentin

Tressa Vrban

Julie Watson

Catherine White

Marsha Willis

Lori Willms

Sharon Willms

Myra Wolman

Jane Young

Rose Zarlenga

FRONT ROW: Miss M. J. Shoalts, Mrs. P. Triano, Mrs. J. Skog, Sr. D. Demulling, Mrs. E. Kita. BACK ROW: Miss M. O'Neill, Miss C. Tilden, Miss V. Smith, Mrs. D. Conradi, Mrs. B. Langley, Mrs. D. Harding, Miss L. Willms.

Year I

FRONT ROW: Mrs. M. Alexander, Miss A. Workman, Mr. M. El-Farram, Mrs. B. Gray, Mrs. G. Munroe.
BACK ROW: Miss J. Tagulinao, Mrs. A. Oommen, Miss C. Niven, Mrs. A. Bittersohl, Mrs. A. Lefebvre, Mrs. M. Goffin, Mrs. M. Sirotnik, Mrs. C. Warren, Mrs. B. Rogers, Mrs. R. Nichol.

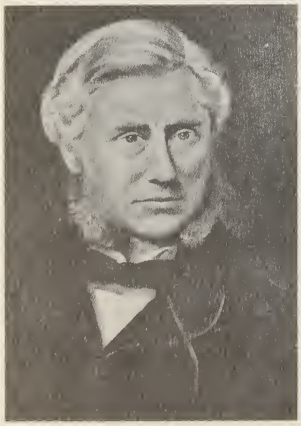
Year II

History of Mack School of Nursing

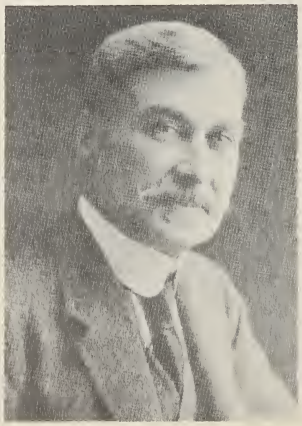
The year 1874 marks the beginning of nursing education in Canada under the Nightingale system. The "St. Catharine's Training School and Nurse's Home," later to be called after its founder, "The Mack School of Nursing," commenced active operations in the month of June, one hundred years ago. It speaks very much for the energy and foresight of Dr. Mack, that a little border town in Ontario should have been the first in Canada to establish a nursing school.

The St. Catharines General Hospital, Training School and Nurse's Home at the turn of the century.

The nurses in the earliest days were given "testimonial books." In one of these, Dr. Mack wrote, "The Testimonials in this book are expected to be strictly truthful." The patients, or his friends, or the Doctor signed these statements which the nurse brought back to the training school. Some of them show poignantly that human need has remained the same throughout the years - the nurse was reliable, excellent, efficient, intelligent, adapted herself to the ways of the family, was cheerful, and perhaps often it was emphasized that she was KIND.



Dr. Theophilus Mack



Colonel R. W. Leonard

Arthur A. Schmon

Superintendents of the Mack Training School

It is difficult to pay tribute to some of the early leaders of the Mack School of Nursing because of lack of records.

The Superintendants, in order are:

Sister Emma Linike - 1880
Miss Black - 1885
Miss Hibbard - 1886
Miss Benson - 1887
Miss Hannah Hollingworth - 1889
Miss Anne Hutchison - 1893
Miss Hannah Hollingworth - 1896
Miss Lillian Uren - 1909
Miss Harriet Mieklejohn - 1925
Miss Anne Wright - 1927
Miss E. Bell Robers - 1949
Miss H. Brown - 1952
Mrs. J. Porteous - 1952
Mr. R. Forster - 1967
Miss S. Brough - 1970
Miss Lois Millar - 1972

It is to these women, and all the former graduates of Mack School of Nursing that we pay tribute. Without their hard work, and determination, the Mack School of Nursing would not be what it is today.

Early Graduate

Miss H. Brown

Miss S. Brough

You must have 1/2 hr. each day of fresh air unless storming.

You must attend church every Sunday, unless you are working.

You must work 12 hrs. every day with 1 hr. off.

Summer Curfew 10 p.m. unless otherwise stated. Winter - No one must go outside if it is dark.

Non-compulsory classes.

No curfews.

Work 7 - 8 hrs. with 17 - 18 hrs. off duty.

Student Nurses' Association Executive

As the year draws to a close, it is with mixed feelings that we go forth and take our place in society. Although we leave behind two years rich with learning and experience, from time to time, we will pause to relive fond memories of our years at Mack. It is with great pride that we graduate from The Mack School of Nursing, in this, our Centennial year.

To the Class of '75, sincere best wishes for success in your future endeavours. Be proud to be the first graduating class of nurses from Niagara College; but remember the Mack School of Nursing and help us to keep its traditions alive. Having recently elected your new Student Nurses' Association Executive, please give them your support, as they function on your behalf.

I would like to thank Miss Millar and Miss Willms for their encouragement and guidance. Thanks are extended to the Executive of the Student Nurses' Association, whose time and effort has resulted in a successful year, and also to the students who supported the activities.

In closing, we extend a special thank you to the Board of Governors of Niagara College, who made it possible for the Class of '74 to complete the program as graduates of The Mack School of Nursing.

Max Bennie

Maxwell Bennie, President,
Student Nurses' Association.

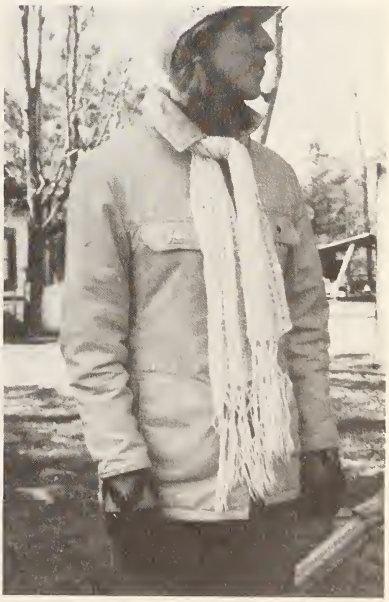
Nurses' Christian Fellowship

This year the letters N.C.F. have stood for much more than a name. Nurses' Christian Fellowship has been an active group of students with the common denomination being Jesus Christ.

It has meant support from each other while facing new experiences in nursing and in everyday life. Our meetings have consisted of a get-acquainted party, seminars, Bible Studies, lectures by doctors, a weekend retreat and much more all combined to give growth and pleasure.

We have felt a real unity in our group for which we thank God.

Miss B. L. Sider, Representative,
N.C.F.



Banding Tea '73

Initiation '74

Pinning

Banquet

Mack Follies '74

Karate

Our Foster Child, Zenaida Bautista

Zenaida Bautista lives in Manila in the Philippines. She was 7 years old on March 9, 1974. Zeny is quite enthusiastic about going to school in June 1974. She will be in grade 1.

Zeny loves to play. She gets along well with her peers, Nene and Joel. She enjoys playing with "bending body", hide-and-seek, and running a race.

Zeny helps in the household chores. She does the dishes, runs errands and sometimes she babysits her small siblings. There are nine other Bautista children between the ages of 21 and 1. The two eldest sons, Mario, who is 21 years old, and Eusebis, who is 16 years old, help their father in fishing while Maria Teodora, who is 18 years old, is a store helper. She earns $6.00 a month.

The family lives in a rural area that is an hour and a half drive from Manila. The house is made of palm leaves, bamboo, lumber, and galvanized iron sheets. It is rented at $3.35 a month.

They enjoyed the celebration of the Yuletide with "palutang" (native delicacy made of glutinous rice), chow mein with fried chicken and bread.

The Bautista's have had many a hard time, but have been helped through the Foster Parents' Plan. They avail themselves of the services of Plan's medical and dental clinic whenever needed. Through our contribution, the Bautista's are being helped and given the care that they need.

Alone to Die

I reached for you but you weren't there
To give me love, does no one care?
Alone again, no chance, no hope,
I reach for death for I just can't cope.
I sit alone in my dreary room,
Is no one there to prevent my doom?
Where is the joy that others share?
Must I alone have pain to bear?
The time is near, the moon is high
A perfect moment; I choose to die.
Please think of me without disgust
Just give to others the love and trust,
That somehow always passed me by
And left me here alone to die.

Shirley Barton

Guess Who?

1.

2.

Mack Grads

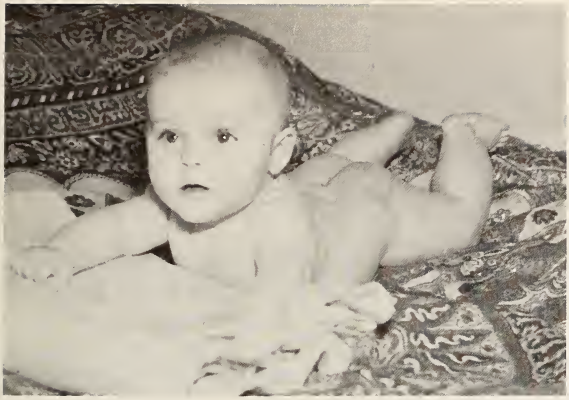
3.

Mack Teachers

4.

5.

Answers on pg. 90



6.

Mack Students

7.

8.

9.

10.

11.

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Answers to pgs. 86 & 87.

1. Mrs. Brenda Rogers
2. Mrs. Evelyn Kita
3. Miss Virginia Smith
4. Miss Linda Willms and Miss Ann Workman
5. Miss Ruth Oppertshauser
6. Sophie Szymanski
7. Mary Magee
8. Brenda Litz
9. Teresa Gleason
10. Joanne Hutchinson
11. Patti Paolozzi

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SCHOOL OF HEALTH SCIENCES
Division of Nursing Education
THE MACK CENTRE

THE HIGH SCHOOL OF NURSING